

THE HILLY TERRAIN BETWEEN THE NESTORE VALLEY AND MONTE PEGLIA

Starting and finishing point: Marsciano

Distance: 94 km.

Total ascent: 1,600 metres

Grade: difficult

Road surface: asphalt

Recommended type of bike: road

Places to visit in the area: Marsciano, Compignano, Montegabbione, Montegiove, Monte Peglia.

KM 0	Starting point: the sports ground in Marsciano . Ride out of town in the direction of San Venanzo , past the cycle track, and at the first junction, bear right .
KM 1.2	Bear right at the junction, in the direction of Perugia , and then 300 metres further on turn left towards Migliano and Morcella .
KM 5.3	At the turning for Morcella , bear left towards Migliano .
KM 11	Turn right towards Mercatello . End of climb.
KM 13	<i>Old brickworks at Campignano:</i> carry straight on towards Mercatello , although you may wish to take a 2 km. deviation to visit the ancient village of Compignano .
KM 18	Go over the crossroads towards Spina .
KM 19.2	Spina: carry straight on towards Perugia , and at the next junction with the SP340, bear right . End of climb.
KM 21	At the Perugia turning, carry straight on along the SP340.
KM 30	At the junction with the SS220, bear left towards Tavernelle : <i>caution – busy road</i> .
KM 33.2	Turn left towards Oro. At the next turning, bear right towards Oro , and 150 metres further on, turn right again onto a minor road.
KM 36.2	Turn right and ride across the bridge over the River Nestore . At the next 2 roundabouts bear left , and then carry straight on towards Piegaro .
KM 43	Piegaro turning: turn left towards Piegaro . Start of climb.
KM 47.3	Bear right towards Monteleone di Orvieto .
KM 52	Monteleone di Orvieto: turn left towards Montegabbione .
KM 56	Montegabbione: turn left onto the SP57 in the direction of Montegiove .
KM 65	<i>La Scarsuola Convent.</i>
KM 76.5	Turn right towards San Venanzo and Marsciano .
KM 78	At the junction with the SS317, turn left towards San Venanzo .
KM 93	Marsciano: turn right towards the cycle way, and then at the next junction turn left in the direction of the cycle way once again.
KM 94	Sports ground: end of ride.